

MANOR FIELD SURGERY NEWSLETTER

Issue 3

October 2015



Welcome to our newsletter. We aim to provide you with information about recent events, seasonal and statistical information and other updated information about the practice.

Vaccination Season

Flu Vaccination

With winter fast approaching it is time to get your flu jab. If you were not able to attend our Saturday walk-in clinics please contact the surgery to enquire about alternative sessions.

Eligible patients include anyone over 65, patients with diabetes or chronic medical conditions, carers and all pregnant women. If you have not received a letter, please ask the Nurse or Doctor for advice.

Child Flu Vaccination

The annual child nasal spray flu vaccination programme continues this year. Eligible children are those aged two to four on 1st September 2015. Children in school years one and two are being vaccinated at school.

Flu can be a very unpleasant illness in children. By having the vaccine it will help protect your child and it will also reduce the chances of it spreading to the rest of the family. The vaccination is usually given as a nasal spray.

Please contact the surgery to arrange an appointment for your child to receive the vaccination.

You can now book appointments and order your repeat prescriptions online.

To register for this service please ask at reception.



MISSED APPOINTMENTS KEEP EVERYBODY WAITING.

In the month of September 184 appointments were wasted due to non-attendance.

Keep it or cancel it!
Don't forget it!

Vaccinations

Shingles vaccination

The vaccination will be offered to all patients who were aged 70, 78 or 79 on 1st September 2015. Shingles is more common in people aged over 70. The vaccination aims to reduce the risk of getting shingles, or reduce the severity of its symptoms if you develop the disease.

Meningitis B vaccination

From the 1st September 2015 the routine childhood vaccination schedule will include the Meningitis B vaccination. This comprises of three doses given at age 2, 4 and 12 months as part of babies' routine vaccinations.

Meningitis ACWY

From August 2015 all patients born between 01/09/1996 and 31/08/1997 will be offered the MenACWY vaccination as part of the NHS vaccination programme. Students who are starting university for the first time, up to the age of 25, are also eligible.

Cases of meningitis caused by Men W bacteria are rising. Older teenagers and university students are at high risk of infection because many of them mix closely with a lot of new people, some of whom may unknowingly carry the meningococcal bacteria.

This one-off vaccine also offers protection against three other causes of Meningitis—A, C and Y. Students in younger age groups will be offered the vaccine as part of the school programme at a later date.

Telephone Consultations

All urgent telephone enquiries are dealt with by the On-call Doctor. If you feel that your problem can be solved by talking to a doctor, then please let the receptionist know and they will arrange for a doctor to call you back.



Reminder from Reception

For non-urgent enquiries, eg test results, please telephone after 11am to avoid our busiest periods.

Please allow at least 48 hours for your repeat prescriptions. This period does not include weekends and bank holidays.

The surgery will be closed from 12 noon for staff training on:

12th November
3rd December
14th January
4th February

The NHS Minor Ailments Service

If you are exempt from paying prescription charges, you are able to receive and be given medicine for a range of minor ailments, free of charge, without having to visit the Doctor first.

- Acute Cough
- Allergic Conjunctivitis
- Infective Conjunctivitis
- Hay Fever
- Warts
- Verruca
- Constipation
- Diarrhoea
- Fever in Children
- Head Lice
- Infantile Colic
- Scabies
- Threadworm
- Vaginal Thrush

If you pay for your prescriptions you can still access the service, but charges will apply.

For further information about this service, please contact your nearest pharmacy.

Minor Illness Clinic

The Nurse Practitioner can see patients* with the following conditions:

- Asthma / COPD / chest problems
- Coughs /colds / flu like illnesses
- Conjunctivitis / sore and itchy eyes / hay fever
- Sore throat / tonsillitis / mouth ulcers / cold sores
- Ear problems (ear ache / ear discharge / blocked ears)
- Nose Bleeds
- Mild diarrhoea and vomiting
- Rash / spots / impetigo / shingles / chicken pox
- Infected eczema
- Cuts / grazes
- Bites
- Sunburn / minor burns
- Abscess / boils / splinters
- Wound infections and assessment
- Infected toe and finger nails
- Ingrowing toenails
- Warts / verrucae

(*Excluding pregnant women and children under two years of age)